

## **Dogged Determination**

**"On Being A Dog With A Bone" excerpt  
by Peggy McColl**

Do you have a dream and a deep longing to see that dream become a reality? Have you given up on your dreams because you just simply didn't know how you would ever do it, or achieve it, or be the person you truly wanted to be?

If you have a dream and you'd like to achieve it, then you have found your way to the right place. Right here, within this article, you will find one of the greatest secrets to goal achievement; dogged determination!

One of the most vital ingredients to success is determination. You've got to have it, you've got to keep it and never, ever, ever give up. Without determination dreams will never become a reality.

Goal achievement is having a dream, knowing in your heart that is who you are or what you want to have, do or be and getting that dogged determination to make that dream a reality. Study success if you know there is more to life than what you are currently experiencing.

This excerpt is being shared by Peggy McColl, the author of the soon-to-be-released book *On Being A Dog With A Bone*.

Here is your checklist to the state of being called *dogged determination*:

### **Burning Desire**

Do you have a burning desire? Do you know what you really want? Determination starts with a burning desire. A burning desire is the feeling of deep longing. It is the fuel for your passion. You'll know you have burning desire by the amount of excitement that you feel when you think about the goal. If you are not completely excited with the thought of achieving a particular goal, you likely do not have a burning desire.

### **Stay Committed**

Being committed is the one thing that will keep your jaws clenched. In other words, you'll be the dog with a bone and nobody or nothing will allow you to drop that bone. Stay committed by continually taking action towards your goal. When you reach a roadblock, go around it, over it or through it. Expect obstacles. Prepare for obstacles. Get ready for them and then drive right through them when you hit them. No matter what happens in your life, stay committed.

### **Create Your Opportunities**

If the ideal opportunities are not showing up for you in your life and you do not believe that you are getting closer to your goal, create the opportunities for yourself. Don't wait

for someone else to do it for you. Take the initiative and make your opportunities. Open up your mind to new possibilities. Expand your horizons. Think *way* outside the box.

### **Think with Your Heart**

Listen to your heart. Also, known as your "gut level knowing". You know in your heart whether something is right for you or not. Just notice how you feel about something. If you are having discomfort with a decision or with an action, ask yourself what is causing the discomfort. Sometimes the discomfort is simply from stepping outside of our comfort zones as we are about to grow. If that is the case, stay with it and you will reach a level of comfort and you will benefit as a result of stretching yourself. However, if the discomfort is because you feel that you have a value conflict, in other words, the action is in direct conflict with one of your most important values, re-evaluate the decision. Always feel good about what you are doing and the decisions you are making and if you make a decision or take an action that isn't harmonious, make a new decision.

### **Do it now!**

Take action now. Don't wait until tomorrow, or later, do it now! This is your opportunity to propel your life to a new level; the increased level of success that you only previously dreamed of, and now have the opportunity to enjoy. Every one of us has the ability to achieve our goals. Now it is your turn to turn up the energy of determination and start to watch the miracles occur in your life.

In history, the people who achieved significant accomplishments did so with a high degree of determination. With determination, you create confidence. With determination, you build more determination, faith and the will to get through any challenge. Without it, people will struggle and live a life of quiet desperation.

*"Be very careful what you set your heart upon, for you will surely have it."* Ralph Waldo Emerson

*Peggy McColl*