

## **Eradicate the Poison that Kills Dreams**

“If someone put poison in your water, would you drink it?” The obvious answer is “no!” Chemical poisons that we can see, taste, touch and smell can be fatal. Fortunately we are intelligent enough to know that we do not ingest ourselves with poisonous substances, but what about our mind? Repeatedly people are poisoning their minds with negativity, and even though we cannot see it (this negativity) it is just as fatal.

What is this poison?

Negativity is the poison that kills dreams and we need to stop it before it contaminates our lives. Negativity starts with negative thoughts.

Every thought you think is energy in motion. The thought, as energy, goes out into the universe and goes on forever.

I’m certain you have heard the expression “Be careful what you think about.” Once you think a thought, it leaves your mind and begins to work with the natural laws of the universe. The primary laws that work with thought are the Law of Attraction and the Law of Gestation.

The Law of Attraction takes that thought, and starts to draw to you like energy to manifest that thought into form.

The Law of Gestation dictates that there is a period of time that must elapse before that thought will manifest in form. The length of that time is dependent on the magnitude and intensity of the energy of the thought.

These universal laws take something that is non-material, specifically thought, and move it into material form.

The universe does not distinguish between a thought that is positive and one that is negative. A thought is like a seed that is planted in the ground. The universe will provide the seed with the energy to manifest that thought into material form. Mother Nature, who is also natural energy, does not care if it is the seed of a weed or the seed of a flower. It will begin to grow. How well it will grow will depend on a number of other elements—for example, how much additional energy the seed/thought is given.

How do we eliminate this poison?

Monitor the thoughts that you allow into your mind...every thought. If you find yourself thinking negative thoughts, think again. Think positive, empowering, and supportive thoughts. It is that simple!