

Follow the Formula by Peggy McColl

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“If one advances confidently in the direction of their dreams, and endeavors to live a life which they have imagined, they will meet with a success unexpected in common hours.”

Henry David Thoreau

The quotation included above is my all-time favorite quote. It may only be a few words, but my belief is that it is packed full of powerful words and it truly is a formula, that when followed, will deliver to you all of the abundance that you desire.

This article extracts the key words from this quotation and elaborates on the powerful message behind them.

If one ADVANCES

There is a statement in the Bible that says: “Faith without works is dead.” To “advance” is to take action and move forward. Every day find a way to advance toward your goal. You can make small progressive steps forward or giant leaps. Either way ensures that you are advancing.

CONFIDENTLY

Confidence is a state of being. This is one of the strongest states of being that you can engage in. You have the ability to express confidence. It is in your power. Confidence is within you, every one of you. The only thing you have to do is acknowledge that it is there, and begin to feel what it would feel like to BE confident, and then BE it!

Confidence is a muscle, when exercised will become strong. Practice being confident. Use your imagination. Think about what it would feel like if you were confident. By doing that, you will begin to ignite the feeling of confidence.

IN THE DIRECTION OF THEIR GOALS

This is where awareness comes in. Become aware of which direction you are going. As I’ve said before: “If you don’t like where you are going, change direction.” Do the things that take you toward your goals. Think the thoughts that take you toward your goals. Speak the words that take you toward your goals. Feel the feelings that take you toward your goals.

People have a tendency to go in one direction and then go in another. Wishing for what they want, and thinking about what they don’t want. This gives the impression of “going nowhere” or “spinning their wheels”. You decide which direction you are going and I urge you to take the path that is the most desirable to you - - toward your goals.

AND ENDEAVORS TO LIVE THE LIFE WHICH THEY HAVE IMAGINED

Imagine what it will be like when you are living the life that you truly desire. Think about it all of the time. Feel what it will feel like. Visualize yourself already in possession of your goals. Get in touch with the emotions, all of them and do this often.

Endeavoring to live the life which you have imagined is “acting as if” you have already achieved your goals. You can do this now.

THEY WILL MEET WITH SUCCESS UNEXPECTED

When you are following the “formula” in Henry David Thoreau’s quotation you **WILL** meet with success. The Universe knows no other way to respond than to provide you with that of which you desire.

“Unexpected” means that you do not need to know “how” the goal will materialize. Your job is to decide, advance forward, take action, be confident and know the way to your goal will be revealed to you.

IN COMMON HOURS

All of these steps are utilizing the laws of the Universe. These “laws” are governed by precision and execution of fundamental actions. Your goals will materialize in common hours and it will, quite likely, pleasantly surprise you.

Setting a timeframe for a goal to materialize is a “best guess” scenario. You will never know when the goal is going to show up for you. However, when you do follow these steps, you’ll be absolutely amazed at the results!

My recommendation to you is to write out Henry David Thoreau’s quotation and post it in a location where it is visible to you. Read it often. Carry it with you. Remind yourself of the powerful messages behind the words and follow the formula to meet with success in your life.

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